ELLE NEWS & UPDATES

GIOW UP

Highly pigmented and allergen free, the Lotus Make-up Proedit line comes with skinloving ingredients like Japanese Sakura and capsicum extracts. Our top picks? The Silk Touch Luminizing Primer and Silk Touch Perfecting Foundation to ace a flawless base.

Lotus Make-up Proedit Silk Touch Luminizing Primer, ₹725







Elizabeth Arden Pure Finish

Mineral Powder Foundation

Broad Spectrum Sunscreen



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To neutralise the everyday damage done to your skin, try Dr Sheth's CBD and Ceramide Overnight Repair Serum that contains the buzzy skincare ingredient, cannabidiol. Apart from soothing skin, it combats ageing and eczema too.

Dr Sheth's CBD & Ceramide Overnight Repair Serum, ₹950

GONG STRONG

Meet Sara Ali Khan: our new fitness icon and PUMA's latest brand ambassador

THE PARTNERSHIP: "I hope PUMA's 'Do You' campaign urges people to be their original, authentic selves."

FITNESS GOALS: "Wake up and get in at least an hour of exercise every day. The post-workout feeling of satisfaction, conviction in yourself is irreplaceable."

DRIVING FORCE: "People around the world are talking about a healthy lifestyle and positive thinking, and organically that's motivating us to do the same thing. On days when I'm not feeling up to it, I have mommy dearest who keeps me going by

